



Coffee Country Colombia
June 22 - July 1, 2025
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Tentative Participant Itinerary

Day 1: June 22: Arrival in Medellín, Colombia

- Participants arrive at the Jose Maria Cordova International Airport in Medellín
- Our private taxi service will greet you at the airport and take you to our hotel in the El Poblado neighborhood of Medellín
- There will be a welcome dinner and orientation in the evening

Day 2: June 23: Explore Medellín

- Explore the city on a guided bike tour of Medellín
- Visit the revitalized neighborhood of Comuna Trece, renowned for its street food, music, and art
- Return to El Poblado for a relaxing dinner and bed

Day 3: June 24: Medellín - Pereira

- Wake up to a morning coffee tasting
- Observe the shifting landscapes of Colombia's geography as we take a private bus from the city to coffee country
- Stay in a finca de café with breathtaking views

Day 4: June 25: Finca de Café in Pereira

- Spend the day exploring the finca
- Learn about the process of growing and preparing coffee
- Enjoy bird and wildlife watching on walks around the finca

Day 5: June 26: Salento and the Valle de Cocora

- Take a jeep ride to the Valle de Cocora, famous for its wax palm forest
- Hike or horseback ride on a loop trail through the park
- Spend the night in the pueblo mágico of Salento

Day 6: June 27: Salento - Anserma and Guática

- Travel to the town of Anserma via bus and later Guática via jeep
- Participate in a service activity at a local school
- Meet local indigenous community leaders



- End the day with a bonfire and spend the night at an eco-hotel

Day 7: June 28: Guática

- Learn how to prepare Colombian food in cooking class
- Harvest local tropical fruits, eggs, and coffee
- Connect with Colombian students while learning about the food security and reforestation projects in the community
- Explore the unique natural area around the eco-hotel

Day 8: June 29: Guática - Termales de Santa Rosa de Cabal

- Connect with nature and indigenous practices through a guided forest walk
- Depart for Santa de Rosa de Cabal and spend the night at the hot springs

Day 9: June 30: Termales de Santa Rosa de Cabal

- Wake up and eat breakfast with a view of the spectacular *hot springs and waterfall
- Hike and explore the town's markets
- Eat one final dinner together and spend the night in a hotel in Pereira

Day 10: July 1: Departure from Pereira

- Eat breakfast in the hotel
- Fly home from the Matecaña International Airport in Pereira or travel to another destination.

**If a Participant chooses to book spa treatments in Santa Rosa, these costs are not included.*

Last updated November 19, 2024

