



French Educator Program: Senegal Sample Summer Itinerary

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Day 1: New York, USA (dimanche)

- Participants arrive at JFK airport no later than 15:00.
- Depart from JFK.

Day 2: DSS/Dakar airport to Toubab Dialaw (45 min) (lundi)

- Arrive in Senegal (DSS).
- Katy and our local guide will greet the group at the airport for transfer in our private coach to our art center hotel, a magical location overlooking the ocean, with a mid-morning check-in.
- Practice a little Wolof for greetings and enjoy your first Senegalese meal together at lunch.
- Participate in a hands-on activity to learn about Senegalese products, perspectives, and practices through a specially-designed cultural orientation while you explore the local village and people. Share your experiences together with the group.
- Try your hand at batik with a local workshop.
- View the sunset from our dining area and then have dinner together to wrap up our day,
- Settle into your rooms for an early, good night's sleep in Toubab Dialaw.

Day 3: Toubab Dialaw (mardi)

- Visit a local high school in a neighboring village and spend time with students and the teachers, observing classes and engaging in small group and 1-1 conversations.
- Return for lunch, and complete the second portion of your batik project.
- Engage your brain in a hands-on lesson of djembé [drumming](#) with some local experts.
- Practice a little Wolof and the art of bargaining. Then head out to bargain with local artisans selling fabrics, jewelry, wood carvings, drums.
- Spend the night in our lodging in Toubab Dialaw after dinner.

Day 4: TD / Joal - Saly / Somone (mercredi)

- Rise early to head south to Joal-Fadiouth.
- Discover Léopold Sédar Senghor's childhood home, the giant baobab in the back garden.
- Tour the seashell island and the Catholic-Muslim cemetery with a pirogue/walking tour. Visit a sacred baobab and learn about the local social structures of the neighborhoods in Fadiouth.
- Enjoy lunch under some thatched roofs along the mangroves of Joal Fadiouth.
- Pause in the town of Saly to explore a local supermarket.
- End the day at our nearby hotel for dinner and relax by the ocean in Somone.

Day 5: Toubab Dialaw to Somone (jeudi)

- Visit the [Institut Diambar](#) (a prestigious educational soccer training center) in nearby Saly. Meet with the instructors and students, and tour the class rooms, fields, and dormitories.
- Visit the shopping area of Saly to explore local fair trade and souvenir shops. We will also take the time to explore a local supermarket and its local products.
- End the day with a *soirée culturelle* at our hotel in Somone.

Day 6: Thies to Dakar (vendredi)

- Pack up and head to Dakar.
- Pause in the 2nd largest city in Senegal for lunch (Thies).
- Meet up with university students pursuing their Master's degree in tourism in Thies. Visit the men's and women's dormitories, visit the sacred baobab, and hear about their studies.
- After lunch in Thies, drive to Dakar.
- Check into our Dakar hotel in les Almadies.
- Go to a local *centre commercial* for anything you might need at the supermarket and discover a local bookshop

focusing on African books and games.

- Enjoy dinner and the pool at the hotel for a quiet evening in Dakar.

Day 7: Dakar (samedi)

- Explore the Marché HLM and buy some local fabrics.
- Visit one of the beautiful mosques of Dakar to learn more about Islam in Senegal and the Monument de la Renaissance Africaine.
- Head to the Dakar neighborhood of Ouakam to make purchases at an open-air market followed by a cooking class in a local home. Afterwards, chat while you sip some Senegalese ataaya, or [thé à la menthe](#)
- Return to the hotel to rest and meet up with a local tailor who can sew your designs into outfits before we leave.

Day 8: Dakar / Gorée / Dakar (dimanche)

- Rise early to head to the port to take the ferry to pedestrian Gorée Island to visit the Slave House and other monuments.
- Rest during a simple lunch on the island, then return to the mainland for a guided bus tour of downtown Dakar, including some local food & souvenir markets, as well as political and historical sites.
- Visit the Musée des civilisations noires.
- Arrive at sunset at the Marché Artisanal and stroll along the coast at the urban fishing village of [Soumbédioune](#).
- Savor an open air dinner near the ocean.
- Return to our Dakar hotel for a good night's sleep.

Day 9: Dakar (lundi)

- Start the day at a private IB school in the westernmost neighborhood in Africa, les Almadies.
- Enjoy lunch at a salon de thé in Ngor with their fair trade shop.
- Visit Africulturban after lunch to meet with graffiti artists, rappers, and hear about their social movement.
- Meet up with the tailor at the hotel after dinner at the hotel to see if any alterations are needed.
- Spend the night in Dakar.

Day 10: Dakar (mardi)

- Discover some of the downtown sites on a bus and walking tour of downtown Dakar. Visit the cathedral of Dakar as well as a mosque.
- Stroll the aisles of a large bookstore such as Librairie Quatre Vents.
- Enjoy a local lunch of Senegalese food at a long-standing restaurant in downtown Dakar.
- Meet with an environmental activist. Join him and other locals in a neighborhood clean-up.
- Enjoy dinner and a cultural event at the local lighthouse.

Day 11: Dakar to Saly (1.5 hr) to DSS (30 min) (mercredi)

- Leave Dakar and head to la Petite Côte.
- Enjoy a leisurely afternoon relaxing at the hotel in Saly. There will be opportunities for last-minute souvenir shopping, exploring an artisanal village, and downtown boutiques and cafés.
- Share your experiences in our group discussion "*l'arbre à palabre*".
- Have an early, light dinner and head to the airport around 18:00.
- Check in at DSS around 19:00 for our 23:05 flight to CDG. around 10:30am the next day.

Day 12: DSS to JFK (jeudi)

- Arrive at CDG around 06:30 and leave at 08:30 for JFK.
- Arrive at JFK around 10:30. Everyone will have to go through immigration and customs, so participants will schedule their own flights home from JFK for that afternoon.

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Guides, transportation and entrance fees are included in the price of the trip.

- **All participants** will be French teachers, instructors or professors. Visas are not required for entry for US and Canadian citizens and Western European nationals. Other nationalities are responsible for obtaining their own visa for entry if needed. All travelers must provide proof of purchase of travel insurance for the duration of the trip.
- **Curriculum design by participants** will be a focus of our trip and activities. Travelers may collaborate before, during, and after the trip to design lessons and units to share with other French teachers.
- **College credit** is available for an additional fee for curriculum design projects and/or research.
- **The itinerary** provided is a representative sample of activities, and will be updated and adjusted as necessary according to the interests and needs of the participants, as well as local constraints.
- **Lodging** is typically double-occupancy rooms located in Senegalese hotels or guest houses with WIFI.
- **Meals:** All meals and one drink per meal will be included daily. A typical breakfast may include eggs, baguette, coffee, tea. Lunch/dinner will include choices such as mafe, thieboudienne, yassa, brochettes, and sandwiches. Additional drinks may be purchased at an additional cost. Salads / fresh vegetables should be avoided.
- **Weather:** Expect sunny days with typical temperatures of 80s-90s. Summer trips will be hotter and more humid than Spring Break trips.
- **Health:** Check your vaccination needs and take anti-malarial medicine as directed by your physician.
- **Allergy alert:** Peanut oil is typically used for cooking, and peanuts are a ubiquitous snack. We recommend reconsidering travel to Senegal if allergic to peanuts or groundnuts.

Trip Includes:

- ✓ Round-trip economy airfare to/from New York City (JFK) or other city TBD to Dakar, Senegal (DSS) with standard luggage (1 checked bag of 23 kilos) + carry-on (departure city may vary for Spring Programs)
- ✓ All meals: breakfast, lunch, dinner + 1 drink per meal
- ✓ Bottled water daily (for drinking, teeth-brushing)
- ✓ Several pre-departure meetings via Zoom
- ✓ All ground and water transportation (private air-conditioned bus, public ferry, private pirogues)
- ✓ Double-occupancy lodging with air-conditioning and/or mosquito nets with occasional triples and/or singles
- ✓ One-on-one and small group conversations with students, families, educators, researchers, and experts in family and educational settings
- ✓ Collaboration and design of teaching materials to be used and shared upon our return
- ✓ Multilingual guides and chaperones
- ✓ All cultural visits, entrance fees for sites mentioned in the itinerary, including [UNESCO World Heritage sites](#)
- ✓ Conversational Wolof lessons and cultural orientation
- ✓ Supplies & workshop fees for drumming and batik

Trip Does Not Include:

- ✗ Transportation from your home to US departure airport
- ✗ Costs with obtaining a passport valid for 6 months past the trip dates nor any costs associated with acquiring visas if required
- ✗ Any lodging or other costs associated with transiting in the USA
- ✗ Additional baggage fees imposed by airline
- ✗ Medical expenses such as [vaccinations](#) and malaria prophylaxis
- ✗ Required insurance from a provider such as [AllianzInsurance](#), [AAA](#) or [WorldNomads](#). Proof will be required to participate
- ✗ Souvenirs and snacks must be purchased on your own